

Lent Yr C

Resource Ideas

Prayers For
Meetings



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At Parish (or school staff) meetings during Lent, begin the meeting with these short prayers according to the specific week of Lent.

WEEK 1

Leader: The Spirit of God drove Jesus into the desert where he faced his demons ...
What are some of the 'demons' that try to distract me from the true path for my life? ... Let us pray for Gods grace. ... *(pause)* ...

Opening Prayer:

All: O God, our refuge in times of trouble,
You come to strengthen us in our weakness.
May we surrender willingly to your grace
and rely on the power of your mercy.
We ask this prayer in the name of Jesus your Son,
And in the power of the Holy Spirit. Amen.

WEEK 2

Leader: The Spirit of God came as a bright light and rested on Jesus, declaring that he was 'chosen' as God's Beloved One. How conscious am I of being God's chosen and beloved from the moment I was baptised into Christ? Rest a moment in the wonder of this truth ... *(pause)* ...

Opening Prayer:

All: O God of clarity and light,
You know our darkest moments.
Let your face shine always upon us.
May we may live with honesty, always walking in the truth.

May our lives bring clarity and goodness to our world.
We ask this prayer in the name of Jesus your Son,
And in the power of the Holy Spirit. Amen.

WEEK 3

Leader: The story of the fig tree in this week's Gospel reminds us of times when things seem hopeless. Nothing went right for this little tree! Yet, with time and care and a little nourishment, the tiny life inside the tree started to respond. Remember a time in your life when you just wanted to give up. Was there something that happened to kick-start you on the road again? What nourished you? ... *(pause)* ...

Opening Prayer:

All: God of kindness and mercy,
You heal all in us that is wasted or ill at ease.
Your mercy restores us to life and health!
May our lives reflect your loving touch
in acts of justice and kindness to all who are oppressed.
We ask this prayer in the name of Jesus your Son,
And in the power of the Holy Spirit. Amen.

WEEK 4

Leader: This Sunday we heard the story of the Prodigal Son and his father's generous love. What is it that makes you hunger for so much in life? Where do you look for satisfaction? Have you ever been tricked by your hunger and strayed from the truth of the situation? What part of you needs to turn back towards God without any fear of rejection? Spend a few moments doing that now ... *(pause)* ...

Opening Prayer:

All: God of abundant mercy,
You have prepared a rich banquet for us.
May all our hungers lead us to you
that we may feast only on what will bring us true contentment.
We ask this prayer in the name of Jesus your Son,
And in the power of the Holy Spirit. Amen.

WEEK 5

Leader: When the woman, caught in adultery, was about to be stoned to death – by men who did not bother to find the man who may even have forced himself on her - Jesus looked at her and saw only a helpless, terrified soul, cowering in fear. Even if she was guilty, he did not condemn her. What prevents you from standing up straight and tall in your life, confident in God's love and mercy? Do you habitually throw 'stones' at yourself? What 'stones' do you want to throw at others? ... *(pause)* ...

Opening Prayer:

All: God of generous magnitude,

You set us free from the bonds that restrict and threaten the 'life' within us.
You turn all our tears into songs of joy.
We pray that your mercy will do great things in our lives today.
This we ask in the name of Jesus your Son,
And in the power of the Holy Spirit. Amen.

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