

Lent Yr C - 2019

Adult Resource

A Musical Pattern  
For Lent Yr C



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**GATHERING HYMN: From Ashes to the Living Font** (A J Hommerding – CWB II)

NOTE: *Verse 3 changes each week to suit the Gospel. The texts for Verse 3 in CWB II are for Cycle A. See below for lyrics that will suit Cycle C (Verse 3 each week).*

**SIGN OF THE CROSS & RITUAL GREETING**

**PENITENTIAL ACT:** (sung) from the Mass of choice for Lent

**NO GLORY TO GOD**

**OPENING PRAYER OF THE SUNDAY**

**LITURGY OF THE WORD** *Readings are as usual for Cycle C*

**PSALMS for each week:**

Week 1 - Ps 91

Week 2 - Ps 27

Week 3 - Ps 103

Week 4 - Ps 33

Week 5 - Ps 125

**Be with me, Lord, for I am in trouble** (M Haugen – CWB II)

**The Lord is my light and my salvation** (D Haas – PCY Vol 1)

**The Lord is kind and merciful** (M Haugen – PCY Vol 1)

**Taste and see the goodness of the Lord** (O Alstott – R & A)

**The Lord has done great things for us** (C Smith- Resp Ps C)

**GOSPEL ACCLAMATIONS:** *from the Mass of choice for Lent + chanted Verse from the Mass of each particular Sunday.*

**NICENE CREED**

**INTERCESSIONS:** **Enfold us in Your Mercy** (Tony Alonso – By Heart)

NOTE: *Prayed to music. The response comes from 'By Heart'. Prayer intentions may be written each week flowing from the Scriptures of each Sunday but these need to be of similar length to those on the recording.*

**Preparation of the gifts:** SILENCE

**MASS SETTING:** As chosen by the parish for Lent / Eastertide

NOTE: *Suggest using #3 Mystery of Faith during Lent (Save us, Saviour of the world ...)*

**COMMUNION SONG:** Wk 1: **On Eagle's Wings** (M Joncas – AOV/1)  
Wk 2: **You Are Mine** (D Haas – AOV/2)  
Wk 3: **Tree of Life** (M Haugen – CWB II)  
*Verses 1-5 first, then go to Lenten verses as needed (these are geared to Cycle A)*  
Wk 4: **Be Merciful** (M Haugen – Sheet music)  
Wk 5: **Grant to us, O Lord** (L Deiss – CWB II)

**SENDING FORTH:** **Beneath the Tree of Life** (M Haugen – Sheet music)

NOTE: *Use these 'Invitations' each week. They are chosen to suit the Scriptures of each Sunday in Cycle C.  
Sing Refrain / suggested verse / Refrain (only one verse each week)*

Wk 1: Streams of mercy + Verse 4  
Wk 2: Grace and pardon + Verse 2  
Wk 3: Sweet forgiveness + Verse 5  
Wk 4: Lay your burdens + Verse 1  
Wk 5: Joy and new hope + Verse 3

### **From Ashes to the Living Font**

(Adapted lyrics for Cycle C)

- 1 From ashes to the living font your Church must journey, Lord.  
Baptised in grace, in grace renewed by your most holy word.
- 2 Through fasting, prayer, and charity, your voice speaks deep within  
Returning us to ways of truth and turning us from sin.

*(First and Second week)*

- 3 From desert to the mountaintop in Christ our way we see,  
So, tempered by temptation's might, we might transfigured be.

*(Third week)*

- 3 O prune our branches, tend the earth where we are planted here,  
And in good time, we'll flourish, to bring hope instead of fear.

*(Fourth week)*

- 3 With courage, we return to Love. We turn away from sin.  
What welcome God will give us all! Our New Life will begin.

*(Fifth week)*

- 3 Not one of us can throw the stone at one who stands in fear.  
The love of God will raise us up. In freedom God is near!

- 4 From ashes to the living font your Church must journey still,

Through cross and tomb to Easter joy, in Spirit-fire fulfilled.

*Text: Alan J Hommerding (verses 1 & 2 and verses 3 for First and Second week and Holy Week)  
Erica Marshall (verses 3 adapted for Third, Fourth and Fifth weeks of Cycle C)*

*Music: ST FLAVIAN, CM St John's Day Psalter, 1562.*

*KEY: CWB II – Catholic Worship Book II  
AOV – As One Voice  
PCY – Psalms for the Church Year Vol 1  
R & A – Respond and Acclaim Cycle C  
Marty Haugen's songs on sheet music can be purchased individually from GIA*

*There may be videos in our online video library relevant to this theme. To check availability please select the video menu on our homepage menu bar.*

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