

Emmaus Online Video Prayer And Meditation Library



“I Am With You Always” Scripture Prayer Card Series for Adults **Index Of Themes, Usage and Scripture References**

This video series is a visual and audio presentation of the "I Am With You Always", Scripture Prayer Cards for adults written by Monica Brown. The format of each video consists of a brief scripture quotation and is followed by a short reflection supported with photographic images.

This is then followed by a guided meditation with periods of silence and music.

Episode	Scripture Reference	Related Themes	Related Liturgical Season, Celebration or Event
God Who Journeys With Us – “As A Parent Carries A Child”	Deut 1:29 -31	<ul style="list-style-type: none"> • God’s Presence • Strengthened by God • God of womb-compassion • Faithfulness and trust • Awareness of God 	<ul style="list-style-type: none"> • Daily Liturgies • Funeral-Healing • Start and end of year • Trauma service • Missioning
Rest In God – “Come To Me You Who Are Burdened...”	Mt 11:28	<ul style="list-style-type: none"> • God’s tender support • Anxiety, weariness • Life’s pressures • Letting go to God 	<ul style="list-style-type: none"> • Daily Liturgies • Lent • Reconciliation • Funeral-Healing

		<ul style="list-style-type: none"> • Surrender to God • Relationship with God 	<ul style="list-style-type: none"> • Martyrs/Saints • Social Justice
God's Endless Love – “Nothing Can Separate Us From God's Love”	Rm 8:39	<ul style="list-style-type: none"> • God's unconditional love • Relationships – tensions, pain and joy • Commitment of God • Eternal joy • Trust in God • Healing • Spiritual maturity and freedom 	<ul style="list-style-type: none"> • Daily Liturgy/journey • Advent • Lent • Reconciliation • Sacred Heart • Peace/non-violence
“Do Not Be Afraid - I Am With You”	Is 43:5a	<ul style="list-style-type: none"> • God's faithful presence • The comfort and support of God • Fear and the unknown • Security and faith • Struggle and doubt 	<ul style="list-style-type: none"> • Daily Liturgy/journey • Funeral-Healing • Ministry rituals • Liturgy in difficulties • All Souls
“Steady My Spirit O God”	Ps 50	<ul style="list-style-type: none"> • Intimacy with God • Trust in God • Perseverance • Healing and renewal • Wisdom 	<ul style="list-style-type: none"> • Daily liturgy/ritual • Reconciliation • Liturgy in difficult times • Healing Ritual
The Crushed Reed – “He Does Not Break The Crushed Reed...”	Is 42:3	<ul style="list-style-type: none"> • The Kingdom values • Compassion and mercy • True Justice • Reverence • Vulnerability and weakness • Tenacity and courage • Restoration and healing • Affirmation and empowerment 	<ul style="list-style-type: none"> • Lent • Holy Week • Reconciliation • Remembrance Day • Healing Ritual • Social Justice
“If Only You Knew ... What God Is Offering.”	Jn 4:10	<ul style="list-style-type: none"> • God's faithfulness and generosity • Surprise and unexpected • Awareness of the moment • Joyful acceptance and courage • Openness to God's grace • Mindfulness and presence 	<ul style="list-style-type: none"> • Daily prayer/liturgy • New Year • Reconciliation • Vocations • Christian Unity • Healing ritual

Our Generous God – “What Do You Want Me To Do For You?”	Mk10:51	<ul style="list-style-type: none"> • God’s generous love • God’s readiness to care and help • Turning to God • Trusting God • Humility to ask for help • Self - awareness 	<ul style="list-style-type: none"> • Daily prayer/liturgy • Ash Wednesday • Lent • Mission and Action for justice • Thanksgiving • Healing ritual • Reconciliation
Trust In God... “Peter Walked One Water And Took Fright”	Mt14:22-23	<ul style="list-style-type: none"> • Faith and belief in Jesus • Doubt and fear • Surrender to Jesus • Confidence and security • Keeping steady and focussed • Power of God’s grace and presence 	<ul style="list-style-type: none"> • RCIA/Baptism • Service in times of difficulties/violence • Daily prayer ritual • Discipleship • St Peter
Love One Another ... “As I Have Loved You”	Jn 15:12	<ul style="list-style-type: none"> • God’s unconditional love • Selflessness and generosity • Tolerance for all humanity • Love of enemy • Self-knowledge • Spiritual maturity • Genuine intimacy 	<ul style="list-style-type: none"> • Holy Week/Easter • Corpus Christi • Sacred Heart • Trinity Sunday • Marriage
“I Am With You Always”	Mt 28:20	<ul style="list-style-type: none"> • God’s abiding presence • Relationship with God • Certainty of God’s action • Vulnerability and doubt • Confidence for mission 	<ul style="list-style-type: none"> • Ascension • Christian Unity • Refugee/migrants • Trinity • RCIA • Daily prayer/liturgy
Waiting & Calm ... “By Waiting and Calm You Shall Be Saved.”	Is 30:15	<ul style="list-style-type: none"> • Trust in God • Surrender into God’s hands • Need for calm and silence • Waiting with hope • Mindfulness • Contemplative prayer 	<ul style="list-style-type: none"> • Advent • Healing ritual • Retreat days • Times of stress and disaster • Prayer in persecution

		<ul style="list-style-type: none"> • Security of love/friendship 	
“Nothing Is Impossible to God.”	Lk 1:37b	<ul style="list-style-type: none"> • Faith and trust in God • Hope and reality • Surrender to God • Presence of the Spirit • God’s plan • Miracles • Suffering • Expectations of God 	<ul style="list-style-type: none"> • Advent • Annunciation/Visitation • Lent • UN Days for Peace • Environmental celebrations • Healing ritual
The God Of Hope	Rm 15:13	<ul style="list-style-type: none"> • Hope • Faith and trust in God • Blessings of God • Joy and Peace 	<ul style="list-style-type: none"> • Advent • Healing ritual • Reconciliation • Harmony Day • UN Day of peace • Dismissal Rites • Commissioning
Like The Deer That Yearns	Ps 42;2	<ul style="list-style-type: none"> • Self – awareness • Awareness of true longings • Authenticity • Search for meaning • Desire for God • Mystery of God 	<ul style="list-style-type: none"> • Advent • Retreat times • Daily prayer/liturgy • Mission and vocation
You Formed Me – “Knit Me Together in My Mother’s Womb”	Ps 139	<ul style="list-style-type: none"> • Intimacy and relationship with God • Essence of life • Birth • Mystery of our being • God’s knowledge of us 	<ul style="list-style-type: none"> • Liturgy of Gratitude • Daily prayer/liturgy • Healing Liturgy • Retreat days
In God’s Hands – The Potter & The Clay	Jer 18	<ul style="list-style-type: none"> • Faith and trust in God • Surrender to God • Reflecting the image and likeness of God • Vision and potential • Work and creativity • Gentleness and care 	<ul style="list-style-type: none"> • Retreat days • Commissioning and sending forth for mission and discipleship • Reconciliation service • Retreat days

		<ul style="list-style-type: none"> • Openness to God's touch • Reaching our spiritual potential 	<ul style="list-style-type: none"> • Congregational / community Chapter and discernment
Seasons Of Life – “See I Am Doing Something New”	Is 43:19	<ul style="list-style-type: none"> • Change and growth • Vulnerability and decay • Courage and trust • Creation/environment 	<ul style="list-style-type: none"> • Care of Creation Liturgy • New Year Prayer • Retreat/Chapter prayer
A Life Of Love – “Live A Life Of Love”	2 Jn 6	<ul style="list-style-type: none"> • The power of love • Essence of good living • Holistic meaning of life • Openness to the Other • Discipleship and mission 	<ul style="list-style-type: none"> • Beginning of ministry • Social Justice • Feast of Charism of Community • Marriage/commitment
Finding God In Stillness –“Be Still And Know That I Am God”	Ps 46:10	<ul style="list-style-type: none"> • Relationship with God • Prayer • Stillness and silence • Stress and distractions • Consciousness and focus • Self-awareness • Mindfulness and contemplation • Being present to God 	<ul style="list-style-type: none"> • Advent • Lent • Retreat time • Meditations • Transfiguration
Life To The Full – “I Have Come That You May Have Life”	Jn 10:10	<ul style="list-style-type: none"> • The mission of Jesus • God's generous love • Wholeness and authenticity • Use of talents and gifts • Healing and fruitfulness • Solidarity with the broken 	<ul style="list-style-type: none"> • Easter season • Setting of vision and goals • Ministry Services
The Gift Of Peace – My Peace I Give To You	Jn 14:27	<ul style="list-style-type: none"> • The peace of God • Seeking peace • Working for peace • Personal authenticity • Inter-connectedness • Building the kingdom 	<ul style="list-style-type: none"> • Pentecost • Ordinary Time Service • Action for Christ • Rites of Healing • Retreat days and personal prayer

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